# ADVENTIST YOUTH HONORS Baby Sitting AY Pilot Honor Requirements And Instructor's Key



# By Chris Fishell & Cheryl Fishell

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### **Baby Sitting**

# Objective: To provide a basic education in childcare for siblings and young babysitters in NAD.

#### **Requirements:**

- 1) Have or earn the CPR Honor.
- 2) Learn basic first aid for babies and how to prevent poisoning in babies and toddlers.
- 3) What is the Fontanel and at about what age does it disappear?
- 4) At what age is a baby considered a toddler, what characteristics are different in the ages?
- 5) Learn how to properly carry a baby and how to lay a baby down for a nap.
- 6) Learn and demonstrate the proper steps in preparing a bottle for a baby using both milk and powder formula.
- 7) Learn how to and demonstrate how to change a baby's diaper.
- 8) Learn how to prepare a bath for a baby and demonstrate proper bathing for babies.
- 9) Learn how to prepare a bath for a toddler and demonstrate the proper bathing of a toddler.
- 10) Properly feed a baby and a toddler one meal.
- 11) Learn how to wrap a baby in blankets for sleeping and how to properly clothe a toddler for sleeping.
- 12) What is "child proofing" and why is it practiced today?
- 13) What is the greatest distance you should be from a baby or toddler in a high chair, and in a bath, or any place with water?

#### Skill Level 1

#### **Developed by: Chris Fishell and Cheryl Fishell**

Version: 1 2005

## Comments:

The Inspiration for this Honor comes from the Euro Africa Division version of the Honor. This includes a number of adapted items and additional items that my wife and I as parents of young children believe to be important for those watching over our own children.

## **Proposed AY Honor** Baby Sitting – Instructor's Key

# Objective: To provide a basic education in childcare for siblings and young babysitters in NAD.

### **Requirements:**

1) Have or earn the CPR Honor.

-A current CPR certification is MANDITORY to satisfy this requirement.

2) Learn basic first aid for babies and how to prevent poisoning in babies and toddlers.

-The First Aid Basic Honor will only be adequate for a portion of this requirement and it must have been completed within 24 months of starting this honor or the requirements must be refreshed.

-The best way to prevent the poisoning of a toddler or crawling baby is to place any nonedible substance out of the reach (or climbing reach) of the child. In case of poisoning call 911 – not poison control. Children babysitting should always call for emergency assistance first so as not to place additional time and risk of ailment on the child.

-Using "child proof" door and drawer devices will reduce risk.

-Keeping floors and tables clean and clear of aging food and drink will reduce the risk of food poisoning.

- 3) What is the Fontanel and at about what age does it disappear?
- 4) At what age is a baby considered a toddler, what characteristics are different in the ages?
- 5) Learn how to properly carry a baby and how to lay a baby down for a nap.
- 6) Learn and demonstrate the proper steps in preparing a bottle for a baby using both milk and powder formula.
- 7) Learn how to and demonstrate how to change a baby's diaper.
- 8) Learn how to prepare a bath for a baby and demonstrate proper bathing for babies.
- 9) Learn how to prepare a bath for a toddler and demonstrate the proper bathing of a toddler.
- 10) Properly feed a baby and a toddler one meal.

- Learn how to wrap a baby in blankets for sleeping and how to properly clothe a toddler for sleeping.
- 12) What is "child proofing" and why is it practiced today?
- 13) What is the greatest distance you should be from a baby or toddler in a high chair, and in a bath, or any place with water?

Skill Level 1

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# Pilot AY Honor Evaluation Form

# **Baby Sitting**

EVALUATION FORM Please print clearly and answer all questions thoroughly. Thank you for pilot testing this honor.					
Your name	e Daytime telephone				
Your mailing address					
	Zip/Postal Code				
E-mail address					
Group Name	Sponsor/Church				
Group Director	Area Director				
Conference/Region					
Date you began honor Date Comple	eted How many completed?				
Years experience as a youth leader/counselor	Was this the first time you taught an honor Y/N				
Was the goal of the honor clear?					
Were the resources and the key thorough?					
Was completion in a timely manner practical?					
Was it necessary to make changes to the requireme	ents?				
If so what did you change and why?					
Were there problems with the resources and key?					
If so what changes do you recommend?					
What did you like about the honor?					
What did you like about the key and the resources?	1				
What advice might you give future instructors?					
Did you find the skill rating appropriate?					
Would you teach this honor again?					
Please use additional paper for your answers if needed. Upon completion mail to: XYRI Pilot Honors					

P.O. Box 39216 Phoenix, Az. 85069-9216

# AJY/AY Honor Student Evaluation Form

This is a sample form intended only as a suggested format

Name of your honor				
Please print clearly and answer all questions	s thoroughly.			
Your name		age	unit name	
The progressive class you are currently comp	leting			
E-mail address				
Club Name Church				
Club Director				
Date you began honor Date Cor	npleted	How man	y honors do you have?	
How long have you been a <b>Pathfinder Adver</b>	nturer AY Member	<u>r</u>	_?	
Was the goal of the honor clear?				
Would you be interested in taking this honor again?				
Would you tell a friend to take this honor?				
What did you like most about the honor?				
What did you like least about the honor?				
What would you change about the honor?				
What advice do you have for the teacher?				
Would like to take the advanced honor?				
On a scale of 1-5 how hard was this honor for	r you?			
Do you think the honor was too hard for you?	If yes, then why?	?		
Do you think the honor was too easy for you?	If yes, then why?	?		

Please use additional pages for your answers if needed. Upon completion please give this form to your instructor or Club Director.