

# Guide

## PERSONAL GROWTH

- I. **Involvement** (Required)
  - A. Be age 15 or in grade 10, or its equivalent.
  - B. Be an active member of the AJY Society or Pathfinder Club.
- II. **Commitment** (Required)
  - A. Repeat from memory the AY Aim and Motto
  - B. Illustrate the meaning of the Motto by doing one of the following:
    - Art project
    - Written composition
    - Panel discussion
    - Role playing
    - Skit
    - Musical interpretation
- III. **Growth** (Required)
  - A. Earn the Guide Reading Certificate or the Junior Reading Certificate\*

Requirement: Do Sections I, II and III for the standard class requirements.

\*See *Instructor's Guide* for qualifying requirements.

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## SPIRITUAL DISCOVERY

- I. **Scripture** (Required)
    - A. Memorize a Bible text for each of the following subjects: prayer, doctrine, behavior, salvation, relationships, promises/praise, great passages\*
    - B. Trace the origins of 3 Bible versions that are presently available in your native language, OR list five kinds of laws God gave to Israel, and compare their practical application to yourself in today's society\*
  - II. **Church Heritage** (Optional)
    - A. Read and outline 3 stories of Adventist pioneers. Tell these stories during a Pathfinder Club or AY worship time or fulfill audio-visual options in Instructor's Guide\*
  - III. **Christian Heritage** (Optional)
    - A. Role-play an experience during the closing moments of earth's history.
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## SERVING OTHERS

- I. **One to One** (Optional)
  - A. Make a personal visit to a non-SDA person and share the gospel, and outline a plan to spend one year to lead that person to be a disciple for Christ.

- II. **Group Witness** (Optional)
    - A. Receive training in an outreach program, and participate in 10 hours of outreach programs.
  - III. **Community Outreach** (Optional)
    - A. Spend a minimum of 4 hours with a pastor or his associate, assisting him in his pastoral duties, such as Bible studies, hospital calls, and home visitation.
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## MAKING FRIENDS

- I. **Building Relationships** (Optional)
    - A. List and discuss 10 guidelines for being a good life companion, and weigh the value of a Christian home versus a non-Christian home.
  - II. **Christian Lifestyle** (Optional)
    - A. Give a written or oral report on respect for God's law and civil authority, and list 20 guidelines for moral behavior, and explain each.
  - III. **Good Citizenship** (Optional)
    - A. Listen to a lecture on career opportunities for Christians. Visit people working in three careers of your choice and discuss your findings.
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## HEALTH & FITNESS

- I. **Health Principles** (Optional)
    - A. Make a presentation to elementary students regarding the laws of good health.
    - B. Make a presentation to elementary students discussing the dangers of drug, alcohol, or tobacco use.
  - II. **First Aid/Safety** (Optional)
    - A. Complete a Red Cross first aid class, or lead a group through the Red Alert Honor.
    - B. Study and practice "Traffic Safety"\*
  - III. **Fitness & Exercise** (Optional)
    - A. Choose one lifetime exercise activity and record your exercise for 4 months.
    - B. Complete one of the fitness tests for your age\*
      - President's Physical Fitness
      - Canadian Fitness
      - Health-Related Physical Fitness (for physically disabled)
    - C. Set goals and improve.
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## YOUTH ORGANIZATION

- I. **Leadership** (Optional)
  - A. Attend a conference-sponsored basic Pathfinder leadership course.
  - B. Plan and teach two requirements in each of the following Honors:
    - Camp Skills #3
    - Camp skills #4

- II. **Club Awareness** (Optional)
    - A. Discuss with your club staff club-community involvement in the total Pathfinder Club program, OR for AJY Societies, invite a Pathfinder expert to speak to your group\*
  - III. **Pathfinder Programming** (Optional)
    - A. Plan, participate in, and evaluate your Pathfinder club involvement with the community in the following:
      - Induction
      - Club meeting
      - Pathfinder Sabbath
      - Investiture service
      - Quarterly scheduling
      - Club campout
    - B. Complete requirements of the Drill and Marching Honor\*
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## NATURE STUDY

- I. **Spiritual Lessons** (Required)
    - A. Read the story of Jesus' childhood and The Desire of Ages, chapter 7, and relate it to the place of nature study in His education and ministry by giving orally before an audience an original nature lesson (parable) drawn from your observation.
  - II. **Nature Appreciation** (Optional)
    - A. Spiders/Rocks and Minerals- Complete a spider web study project, OR collect or obtain and identify 15 different kinds of rocks and minerals.
    - B. Ecology/Fungi- List 10 ways in which you might actively work to improve the environment in which you live. Put 4 into practice, OR photograph or draw 15 different fungi and correctly identify them.
  - III. **Nature Honor** (Optional)
    - A. Complete a nature Honor not yet completed, at your skill level\*\*\*
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## OUTDOOR LIVING

- I. **Outdoor Skills** (Optional)
    - A. Lead an individual or group through a Knot Tying requirement
    - B. Learn or review the Wilderness safety rules\*
  - II. **Outdoor Activities** (Optional)
    - A. Earn one of the camp Honors listed below not previously completed:
      - Pioneering
      - Winter Camping
      - Backpacking
      - Wilderness Living
      - Outdoor Leadership
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## HONOR ENRICHMENT

### I. **Arts, Crafts, Hobbies & Household Arts**

- A. Complete one Honor at your skill level, not yet completed in the area of art, craft, hobby, or household skills\*\*\*

### II. **Recreational/ Vocational/Outdoors Industries**

- A. Complete one Honor at your skill level, not yet completed, in the area of recreational skills, vocational studies, or outdoors industries\*\*\*
- B. Earn the Beginner's Swimming Honor if not previously earned.

Requirement: This track is not required for the standard class requirements.

\*\*\*See *AY Honor Manual* for requirements.